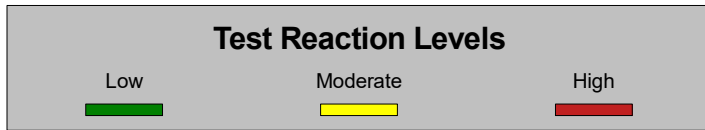


Physician: **Sample Practitioner, MD**  
 Patient: **Sample Patient**  
 Identifier: **SAMPLE176**  
 Profile: **MRT 176**  
 Test Date: **02/28/2023**  
 Technologist: **GB**  
 Page: **1 of 2**



Oxford Biomedical Technologies  
 3555 Fiscal Court, Suite #9  
 Riviera Beach, FL 33404  
 Phone: (561) 848-7111  
 FL License #: 800027063  
 CLIA ID #: 10D0914874  
 U.S. Patents: 6,114,174 6,200,815



Chemicals	Reaction Level
Potassium nitrate	0.1
Caffeine	0.3
FD&C red #4	0.3
FD&C red #3	0.3
Sorbic acid	0.3
MSG	0.5
Capsaicin	0.5
Solanine	0.6
Ibuprophen	0.6
Polysorbate 80	0.6
Sodium sulfite	0.7
Tyramine	0.7
Acetaminophen	0.9
FD&C green #3	1.0
FD&C yellow #6	1.1
FD&C yellow #5	1.1
Candida albicans	1.3
Benzoic acid	1.3
Saccharin	1.5
Potassium nitrite	1.5
FD&C red #40	1.6
Lecithin (soy)	1.8
Salicylic acid	1.8
Fructose (HFCS)	2.2
FD&C blue #1	2.3
FD&C blue #2	2.3
Aspartame	2.9
Sodium metabisulfite	2.9
Phenylethylamine	3.2

Vegetables	Reaction Level
Green bean	0.1
Leek	0.2
Sweet potato	0.2
Cabbage	0.4
Chard	0.4
Lettuce	0.4
Broccoli	0.5
Cucumber	0.5
Beet	0.6
Zucchini	0.6
Scallions	0.6
Onion	0.7
Cauliflower	0.9
Asparagus	0.9
Radish	1.0
Pumpkin	1.1
Brussels sprouts	1.1
Bok choy	1.2
Jalapeño	1.2
Green pea	1.2
Celery	1.5
Butternut squash	1.5
Carrot	1.6
Mushroom	1.7
Kale	1.7
Spinach	1.8
Bell pepper	1.9
Tomato	1.9
White potato	2.2
Corn	2.9
Eggplant	2.9

Seafood	Reaction Level
Sole	0.4
Scallop	0.4
Tuna	0.6
Catfish	1.2
Halibut	1.5
Salmon	1.5
Rainbow trout	1.6
Clam	1.7
Tilapia	1.7
Crab	1.9
Codfish	1.9
Shrimp	2.4

Beans/Nuts/Legumes/Seeds	Reaction Level
Lentil	0.3
Almond	0.4
Sunflower seed	0.5
Navy bean	1.0
Pecan	1.1
Pinto bean	1.1
Hazelnut	1.1
Cashew	1.4
Flaxseed	1.4
Black bean	1.5
Mung bean	1.6
Garbanzo bean	1.6
Pistachio	1.7
Sesame	1.7
Walnut	1.7
Red kidney bean	1.7
Lima bean	1.9
Peanut	2.6
Soybean	3.3

Dairy	Reaction Level
Whey	0.1
Cheddar cheese	0.5
American cheese	1.0
Yogurt	1.1
Goat's milk	1.4
Cottage cheese	2.2
Cow's milk	2.9

Physician: **Sample Practitioner, MD**  
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Flavor Enhancers	Reaction Level
Ginger	0.1
Maple	0.1
Carob	0.2
Black pepper	0.2
Vanilla	0.3
Cinnamon	0.4
Coriander seed	0.5
Honey	0.5
Peppermint	0.6
Dill	0.6
Cayenne pepper	0.6
Turmeric	0.7
Parsley	0.8
Lemon	1.0
Tamarind	1.1
Rosemary	1.2
Cumin	1.4
Sage	1.4
Nutmeg	1.5
Garlic	1.6
Mustard seed	1.7
Basil	1.7
Cardamom	1.8
Oregano	1.9
Lime	1.9
Paprika	2.2
Cane sugar	2.2

Meats/Poultry	Reaction Level
Beef	0.5
Lamb	0.5
Turkey	1.3
Venison	1.4
Chicken	1.5
Egg yolk	1.5
Egg white	1.7
Collagen (beef)	1.8
Pork	2.5

Fruits	Reaction Level
Grape	0.1
Olive	0.2
Avocado	0.3
Orange	0.3
Plum	0.4
Strawberry	0.4
Cherry	0.5
Pear	0.5
Watermelon	0.6
Banana	0.8
Date	1.2
Blueberry	1.2
Peach	1.3
Raspberry	1.3
Cranberry	1.5
Mango	1.6
Apricot	1.8
Cantaloupe	1.9
Papaya	1.9
Honeydew melon	1.9
Grapefruit	2.2
Pineapple	2.2
Apple	3.1

Grains	Reaction Level
Buckwheat	0.2
Kamut	0.3
Spelt	0.5
Oat	0.9
Millet	1.0
Rice	1.1
Quinoa	1.1
Amaranth (grain)	1.6
Barley	2.2
Rye	2.5
Wheat	3.5

Miscellaneous	Reaction Level
Cocoa	0.4
Coconut	0.5
Tapioca	1.2
Rooibos tea	1.6
Coffee	1.8
Yeast-baker's/brewer's	1.9
Tea	2.1
Hops	2.3

Interpretation: The Leukocyte Activation Assay-Mediator Release Test™ (LAA-MRT™) results are based on the Leukocyte Reactivity Index (LRI™), a proprietary algorithm developed by Oxford Biomedical Technologies. The LRI™ quantifies the relative degree of volumetric change of tested peripheral leukocytes and is a reflection of the degree of the inflammatory response to each tested item. LAA-MRT™ test results form the basis of an anti-inflammatory eating plan developed under the guidance of a qualified healthcare practitioner.

Disclaimer: It is recommended to completely avoid all tested items with Moderate or High reaction levels. Reintroduction of items that tested Moderate or High should be done under the supervision of a properly trained healthcare practitioner. If foods and chemicals that tested Low have been consumed regularly before testing, there is a high probability that they are not likely to provoke inflammatory symptoms, as long as there is no history of allergic, autoimmune, or other forms of inflammation-provoking or symptom-provoking reaction.



## LEAP ImmunoCalm Diet Program - Food Reintroduction Schedule

Patient name:

Physician:

Identifier:

Test date:

Sample Patient

Sample Practitioner, MD

SAMPLE176

02/28/2023

### Phase 1

DAYS 1 - 7

### Phase 2

DAYS 8 - 12

### Phase 3

DAYS 13 - 17

### Phase 4

DAYS 18 - 22

### Phase 5

DAYS 23 - 27

## Proteins



Lentil	Navy bean	Halibut	Mung bean	Codfish
Scallop	Pinto bean	Black bean	Tilapia	Crab
Sole	Catfish	Chicken	Clam	
Beef	Turkey	Salmon	Red kidney bean	
Lamb	Venison	Garbanzo bean	Egg white	
Tuna	Egg yolk	Rainbow trout	Collagen (beef)	

## Starches / Grains



Buckwheat	Kamut	Oat	Rice	Tapioca
Sweet potato	Spelt	Millet	Quinoa	Amaranth (grain)

## Vegetables



Green bean	Zucchini	Pumpkin	Celery	Tomato
Lettuce	Beet	Brussels sprouts	Carrot	Bell pepper
Chard	Onion	Bok choy	Mushroom	
Cabbage	Asparagus	Green pea	Kale	
Broccoli	Cauliflower	Jalapeño	Spinach	
Cucumber	Radish	Butternut squash	Lima bean	

## Fruits



Grape	Plum	Watermelon	Peach	Apricot
Olive	Strawberry	Banana	Raspberry	Papaya
Avocado	Cherry	Blueberry	Cranberry	Honeydew melon
Orange	Pear	Date	Mango	Cantaloupe

## Dairy / Miscellaneous



Whey	Cheddar cheese	American cheese	Goat's milk	Coffee
Cocoa	Coconut	Yogurt	Rooibos tea	

## Nuts / Seeds / Oils



Almond	Pecan	Cashew	Pistachio	Sesame
Sunflower seed	Hazelnut	Flaxseed	Walnut	

## Flavor Enhancers



Ginger	Cinnamon	Dill	Cumin	Cardamom
Maple	Coriander seed	Turmeric	Sage	Lime
Black pepper	Honey	Parsley	Nutmeg	Oregano
Leek	Peppermint	Lemon	Garlic	
Carob	Scallions	Tamarind	Mustard seed	
Vanilla	Cayenne pepper	Rosemary	Basil	

# LEAP ImmunoCalm Diet Program - Food Reintroduction Schedule

*Patient name:*

*Physician:*

*Identifier:*

*Test date:*

**Sample Patient**

**Sample Practitioner, MD**

**SAMPLE176**

**02/28/2023**

**Phase 1**

*DAYS 1 - 7*

**Phase 2**

*DAYS 8 - 12*

**Phase 3**

*DAYS 13 - 17*

**Phase 4**

*DAYS 18 - 22*

**Phase 5**

*DAYS 23 - 27*

## Proteins

0.3 Lentil	1.0 Navy bean	1.5 Halibut	1.6 Mung bean	1.9 Codfish
0.4 Scallop	1.1 Pinto bean	1.5 Black bean	1.7 Tilapia	1.9 Crab
0.4 Sole	1.2 Catfish	1.5 Chicken	1.7 Clam	
0.5 Beef	1.3 Turkey	1.5 Salmon	1.7 Red kidney bean	
0.5 Lamb	1.4 Venison	1.6 Garbanzo bean	1.7 Egg white	
0.6 Tuna	1.5 Egg yolk	1.6 Rainbow trout	1.8 Collagen (beef)	

## Starches / Grains

0.2 Buckwheat	0.3 Kamut	0.9 Oat	1.1 Rice	1.2 Tapioca
0.2 Sweet potato	0.5 Spelt	1.0 Millet	1.1 Quinoa	1.6 Amaranth (grain)

## Vegetables

0.1 Green bean	0.6 Zucchini	1.1 Pumpkin	1.5 Celery	1.9 Tomato
0.4 Lettuce	0.6 Beet	1.1 Brussels sprouts	1.6 Carrot	1.9 Bell pepper
0.4 Chard	0.7 Onion	1.2 Bok choy	1.7 Mushroom	
0.4 Cabbage	0.9 Asparagus	1.2 Green pea	1.7 Kale	
0.5 Broccoli	0.9 Cauliflower	1.2 Jalapeño	1.8 Spinach	
0.5 Cucumber	1.0 Radish	1.5 Butternut squash	1.9 Lima bean	

## Fruits

0.1 Grape	0.4 Plum	0.6 Watermelon	1.3 Peach	1.8 Apricot
0.2 Olive	0.4 Strawberry	0.8 Banana	1.3 Raspberry	1.9 Papaya
0.3 Avocado	0.5 Cherry	1.2 Blueberry	1.5 Cranberry	1.9 Honeydew melon
0.3 Orange	0.5 Pear	1.2 Date	1.6 Mango	1.9 Cantaloupe

## Dairy / Miscellaneous

0.1 Whey	0.5 Cheddar cheese	1.0 American cheese	1.4 Goat's milk	1.8 Coffee
0.4 Cocoa	0.5 Coconut	1.1 Yogurt	1.6 Rooibos tea	

## Nuts / Seeds / Oils

0.4 Almond	1.1 Pecan	1.4 Cashew	1.7 Pistachio	1.7 Sesame
0.5 Sunflower seed	1.1 Hazelnut	1.4 Flaxseed	1.7 Walnut	

## Flavor Enhancers

0.1 Ginger	0.4 Cinnamon	0.6 Dill	1.4 Cumin	1.8 Cardamom
0.1 Maple	0.5 Coriander seed	0.7 Turmeric	1.4 Sage	1.9 Lime
0.2 Black pepper	0.5 Honey	0.8 Parsley	1.5 Nutmeg	1.9 Oregano
0.2 Leek	0.6 Peppermint	1.0 Lemon	1.6 Garlic	
0.2 Carob	0.6 Scallions	1.1 Tamarind	1.7 Mustard seed	
0.3 Vanilla	0.6 Cayenne pepper	1.2 Rosemary	1.7 Basil	

# SAMPLE176

PATIENT:  
Sample Patient  
PHYSICIAN:  
Sample Practitioner, MD  
TEST PROFILE:  
MRT 176  
TEST DATE:  
02/28/2023



APPLE	SOYBEAN
PHENYLETH.	WHEAT
ASPARTAME	HOPS
BARLEY	PAPRIKA
BLUE #1	PEANUT
BLUE #2	PINEAPPLE
CANE SUGAR	PORK
CORN	POTATO
COT. CHEESE	RYE
COW'S MILK	S.M.B.SULFITE
EGGPLANT	SHRIMP
FRUCTOSE	TEA
GRAPEFRUIT	